

Looking for more information and support?

ENQUIRE

Advice service for additional support for learning, providing easy to understand advice and information about additional support for learning, legislation, and guidance for families and professionals.

- Call: 0345 123 2303
- Visit: www.enquire.org.uk



Offering a range of sports and taster sessions across the country for people with disabilities, including with specific sporting opportunities in each local area.

- Call: 0131 317 1130
- Visit: www.scottishdisabilitysport.com



Free self-catering holiday cottages for families who have a young person aged under 5 years, receiving high-rate Child Disability Payment. If no one in this category opts for the cottage, it is then opened up to families of a young person aged under 18 years receiving high-rate Child Disability Payment.

- Call: 07942 289 910
- Visit: www.timeaway.org.uk

Carefree

Offering unpaid carers supporting someone for more than 30 hours a week the opportunity to access up to 2-nights stay (T&Cs apply).

- Visit: www.carefreespace.org



Offers local residents general advice and assistance across a wide range of subjects, including benefits, debt, employment and housing.

- Call: 0800 484 0136
- Visit: www.wdcab.co.uk



Strathclyde Autistic Society

Offer weekly sessions on Friday evenings and Saturday mornings at Centre81 in Clydebank. The service also offers online training and family support.

- Call: 07967 373 092
- Visit: www.strathclydeautisticsociety.com