

# Looking for more information and support?



Raising awareness and assisting autistic people to access sailing and boating in the UK.

- Call: 07713 730 523
- Visit: [www.autismonthewater.net](http://www.autismonthewater.net)



Accessible sailing charity based on the River Clyde, offering opportunities to disabled people of all ages and their carers/family members from across Scotland.

- Call: 0141 226 0202
- Visit: [www.able2sail.org.uk](http://www.able2sail.org.uk)



An organisation offering a range of support, such as regular groups for parents and carers; training and information sessions; and 1-2-1 support.

- Call: 0141 558 0448
- Visit: [www.differabledscotland.co.uk](http://www.differabledscotland.co.uk)



Mindroom champions all forms of neurodiversity and supports all kinds of minds, offering a range of support for parents and carers; children and young people; and professionals.

- Call: 0131 370 6730
- Visit: [www.mindroom.org](http://www.mindroom.org)

Provide support and information for young people and their parents and carers who are entering post-school transitions.

Scottish Transitions Forum

- Call: 0131 663 4444
- Visit: [www.scottishtransitions.org.uk](http://www.scottishtransitions.org.uk)



CALL Scotland (Communication, Access, Literacy and Learning) help children and young people across Scotland to overcome barriers to learning created by their environment, and to fulfil their potential.

- Call: 0131 651 6236
- Visit: [www.callscotland.org.uk](http://www.callscotland.org.uk)

Offer support, advice and information to families with disabled children, including workshops; events and drop-in services; and by providing local information and resources.



- Call: 0808 808 3555
- Visit: [www.contact.org.uk/scotland](http://www.contact.org.uk/scotland)