

You can use this form to make a referral to the SEARCH Project

Carers Name: _____

Address: _____

Telephone No: _____

Cared for persons details: _____

Referrers Details

Name: _____

Relationship to carer: _____

Telephone No: _____

Please detach and return the form to the following address -

**Elaine Milne, SEARCH Project
Carers of West Dunbartonshire
84 Dumbarton Road
Clydebank G81 1UG**

If you think we can help, you can -

- Telephone us yourself
- Speak to your Social Worker, GP or any other health professional
- Visit our Carers' Centre

Get in contact

**Elaine Milne
Carer Support Worker
SEARCH Project
Carers of West Dunbartonshire
84 Dumbarton Road
CLYDEBANK
G81 1UG**

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Follow us on Twitter at

www.twitter.com/CarersofWestDun

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**Support and
Education for
Alcohol
Related
Challenges in the
Home**



**Foundation
Scotland**

WHO IS A CARER?

A carer is someone of any age who looks after and supports a relative or friend who, because of their disability, illness, frailty or addiction, would not otherwise be able to live independently at home.

Many people do not see themselves as carers and often miss out on vital services, support and financial help. It may be that they are new to caring or have been caring for some time.

ABOUT THE SEARCH PROJECT

The SEARCH project provides support to carers that are affected by alcohol related issues.

Either because they are caring for someone who has an alcohol problem or because they are dealing with their own alcohol issues.

The project will support carers of any age but has a particular focus on Young Adult carers (18-25 years) and Older carers (65+ years)

The project aims to:

- Identify carers as early as possible.
- Ensure that carers are aware of their rights to assessment and support.
- Provide access to services which can help them to sustain their caring role.

HOW THE PROJECT CAN HELP

Caring for someone with an alcohol problem can be particularly challenging as carers sometimes have to struggle to get the recognition and support that they are entitled to. The stigma that is often associated with having an alcohol problem, as well as denial, can also be a barrier to getting help.

Carers have a key role within the family and to any recovery which may take place, it is therefore crucial that they are recognised, supported and educated.

The SEARCH project provides:

- One to one support from the SEARCH carer support worker
- Emotional support
- Learning opportunities
- Access to a range of services which support carers
- The opportunity to meet other carers in a safe and confidential environment

ADULT CARERS' SUPPORT PLAN

Anyone that provides care or is intending to provide care e.g. their relative is being discharged from hospital, is entitled to their own assessment.

This is called an Adult Carers' Support Plan. Even if the person that they are caring for is not in receipt of services they are still entitled to have an assessment of their own needs as a carer. Ask the SEARCH Carer Support worker about this.

FOR MORE INFORMATION, PLEASE CIRCLE THE RELEVANT BOXES

Access to services

Adult Carers' Support Plan

Advice and Information about caring

Advocacy

Carer Call Service

Emergency Planning

Help Packs (*personal care items*)

Hospital Discharge Information

Learning Opportunities

POSITIVE TRACKS Project
(*for people 65+*)

Replacement Care and Short breaks

SEARCH Project
(*for those affected by alcohol misuse*)

Self Directed Support (SDS) Information

Stress Management

Support Groups and Social Opportunities

Welfare Benefits